



Sionnaine Irish Dance Academy

Return to Sport and Covid-19 Safety Plans

Please note:

This document is subject to change following provincial and federal health and safety requirements.

Sionnaine Irish Dance Academy (SIDA) top priority is the health and safety of its members and community. We have always strived to ensure that our athletes, staff, parents, and community are looked after. As our economy reopens, businesses will be judged by the precautions they take to keep customers safe. It is the responsibility of each of us to implement vital health and safety measures to protect and instil trust in employees, participants, and parents.

We understand and are compliant with the Government of BC and WorkSafeBC protocols and recommendations. We have put together protocols that maintain a safe environment for both employees and participants. This document includes all relevant information from the BC government (Provincial Health Officer), WorkSafeBC, and viaSport.

The Government of BC has announced that sport/dance may return to play in phases, with stringent safety protocols in place; this allows us to ensure due diligence is taken to mitigate the risk of transmission in our communities.

WorkSafeBC requires that all businesses have their own publicly posted COVID-19 safety plan at work sites as they return to operations. If the academy is audited by WorkSafeBC, we will be required to demonstrate compliance to the safety plan. The forms attached in this document are to help facilitate this requirement.

Please note: SIDA's COVID-19 safety plans are subject to change as government and provincial health requirements for businesses evolve. Plans will be reviewed by academy staff on a regular basis to make sure they continue to fulfill their purpose.

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Sionnaine Irish Dance Academy (SIDA)
Covid-19 Restart Strategy (subject to change)

Current situation

- Zoom classes only for April May June 2020

Step 1:

- Opening in-class lessons for summer sessions
- Shorter training schedule than normal

Phase 1: Restart of Maple Ridge hall location only

- Date: June 30, 2020
- Tuesday and Thursdays
- Max 15 dancers in our Maple Ridge Hall (dependant on siblings)
- Remaining students to stay on Zoom classes if interested

Step 2:

- Opening in-class lessons for September to June classes in all locations
- Shorter training schedule than normal

Phase 2: Restart Abbotsford and Vancouver hall locations also

- Date: September 8, 2020
- Tuesday and Friday in Maple Ridge, Wednesday in Vancouver, Thursday in Abbotsford
- Max 8 dancers in our Maple Ridge Hall (dependent on siblings)
- Max 7 dancers in our Vancouver Hall (dependent on siblings)
- Max 8 dancers in our Abbotsford Hall (dependent on siblings)
- Continuing of Zoom classes if needed

Possible Step 3:

- Return to Zoom if second wave of Covid 19 happens

Phase 3: Be prepared to return to Zoom class only options

- Prepare a new schedule ASAP.

***Note:** All Steps and Phases subject to change. Changes/updates will be made in accordance with the recommendations of the Provincial Health Organization, Sport governing bodies and progress of the pandemic.

SIDA Covid-19 Safety Plan Requirements

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| <p>Facility Access Maple Ridge location</p> | <p>Manage access to the facility:</p> <ul style="list-style-type: none"> • All dancers required to respect 6 feet physical distancing while waiting outside the hall to enter classroom. Please remain in your vehicle until entry door is opened for your class entry. (Maple Ridge Entry door is the kitchen door on your right). (Abbotsford Entry door will be the side door on the side of the hall into the kitchen). (Vancouver entry door will be the main doors at the front). • For dancers entering the facility for classes, he/she will ENTER through the ENTRY DOOR listed above and follow the flow of traffic direction to the classroom. Please keep 6feet distance at all times. All dancers will wash hands before entering the dance area. • Dancers will EXIT the facility from the MAIN FRONT DOORS in Maple Ridge, the side door next to the Main entry door in Abbotsford, and the Backdoor into the alley in Vancouver. This will help to limit traffic and increase safety. • Parents of younger dancers are required to line up at the exit doors and respect physical distancing of 6 feet while waiting for pick up. Main exit pathway to the parking lot will remain unobstructed at all times for dancers/parents to exit out to their vehicle area. • Older dancers may exit alone and head straight to vehicle area. Hanging out side in the parking lot and or grassy area is discouraged. • SIDA personnel will manage the flow of dancers entering and exiting the facility. • Parents will drop off and pick up dancers outside. No parents and or siblings to enter the facility for any reason. • Staff will ask participants to leave the facility immediately after their class to prevent gatherings in the facility or parking lot. • For individuals who need to speak to a teacher prior to the class, please call 604-836-8201 to relay all messages. Do not enter the facility or block the flow of traffic coming in and out of the facility. • All classes have a 15min gap between them. This 15min will be used to facilitate exit and entry as well as cleaning of commonly touched areas (door handles, faucets and bathrooms) • Prior to entering the facility, all dancers/staff/volunteers must fill in the Daily Screening Checklist (in Appendix 1). Parents/guardians of minors must facilitate the process for the child to enter the facility. Completed checklists will be kept on file. This can be done on line www.sionnaine-academy.com or by printing your own checklist, filling out, and submitting at each class. • Prior to participating in any further programming, an Acknowledgement of risk form (in Appendix 2) must be completed for each participant. As well as a Participation Declaration (in Appendix 3) and Release form. |
| <p>Facility Operations</p> | <p>Protocols will be reviewed with staff regularly and adjust, as needed.</p> <ul style="list-style-type: none"> • No more than 50 people are ever allowed in the facility at one time until the Provincial Health Organization and/or Provincial Sport Organization changes regulations. • There will be no spectating available in the hall. Parents will be required to drop off participants and leave the facility. |

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| | <ul style="list-style-type: none"> • If your younger dancer requires help tying shoes, please double knot and tie up their softshoes before sending into class. If assistance is required to change into hardshoes, teachers will wear masks before coming into close contact to assist the dancer. • Dancers will enter, immediately wash hands and then proceed to their designated area for the class. • Dancers are required to bring a towel, blanket, and or yoga mat to use for warming up on, sitting on to change shoes, and to keep all belongings on. • Belongings will be kept beside your designated dancing area at all times. • Distancing will be maintained by assigning dance mats to one dancer only and/or siblings. If/when a mat is shared; chairs will be placed between dancers to ensure physical distancing is enforced. • Participants are required to have their own clear bag and or Ziploc bag with their name on it for items coming into the class. Please only bring your dancing shoes, tape, Band-Aids, shoehorn, dancing runners, and a FULL water bottle or two! • Access to the kitchen and bathroom faucets will be denied for refilling of water bottles. Please make sure you come to class prepared. • A reminder that a 15min gap has been placed between all classes to allow for safe exit, new class entrance, and cleaning/disinfecting of commonly touched areas (door handles, faucets and bathrooms). |
| Washroom Accessibility | <ul style="list-style-type: none"> • Facility bathroom is for dancers only- that are taking their class. Parents and siblings will need to find access elsewhere. • Only the handicapped bathroom will be open for use in Maple Ridge. One person to the washroom at a time. • This will aid in no one running into each other in the narrow hallway. • This will also aid in staff being able to clean and disinfect ONE washroom between the changeovers of classrooms (instead of nine stalls). |
| Cleaning | <p>Cleaning and Sanitation Protocols:</p> <ul style="list-style-type: none"> • All three locations have ensured that cleaning/sanitizing will be done after each renter has left the building. • A 15minute gap between each class has been implemented to allow SIDA staff to clean and disinfected high touch points including the handicapped washroom. • Cleaning station upon entering the building will be provided, as well as wipes and hand sanitizer upon exiting the building. |
| Communication | <p>Members will be notified of new protocols before their first visit to the facility, to foster confidence in the staff's commitment to keep everyone safe.</p> <p>This will include information on academy:</p> <ul style="list-style-type: none"> ○ Screening protocols ○ Sickness protocols ○ Personal hygiene requirements ○ Physical distancing requirements inside the facility ○ Cleaning protocols ○ Programming changes (e.g. limitations on number of people permitted inside of the facility at once, limitation on class sizes, etc.) • Any discussion between parents and coaches should be completed over the phone, email or by electronic communication. If there is a need for an in-person meeting this will be arranged prior and physical distancing measures will always be maintained. |

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| Protocol Review | <p>Staff will continually review protocols, so they understand the expectations regarding physical distancing, personal hygiene, cleaning, etc.</p> <ul style="list-style-type: none"> • When needed staff will explain the new protocols to participants. • Dancers will be made aware of the academy’s new safety protocols and their responsibility in maintaining their health, and the health of others. |
| Screening | <p>Prior to entering the facility, all individuals must have the Daily Screening Checklist (see Appendix 1) filled out. This includes teachers and participants.</p> <ul style="list-style-type: none"> • Parents/guardians of minors must facilitate the process when their child enters the facility. Completed checklists will be kept on file. • Individuals must stay home if they are unwell even if the symptoms are mild. If an individual is found to have symptoms, he/she will not be able to enter the facility and will be asked to return home. <ul style="list-style-type: none"> ○ Parents/Guardians are asked to wait until their child has entered the facility before leaving the premises. • Staff members who exhibit symptoms will remain at home and if found to have symptoms will be sent home. Proper protocols for replacing the coach, cancelling the class, etc. will be taken. • Immuno-compromised (high-risk) individuals should consult a medical practitioner before returning to classes. |
| Personal Hygiene | <ul style="list-style-type: none"> • All participants hands will be required to be sanitized when they enter the hall. The entry kitchen has a sink/soap, as well as wipes and hand sanitizer. • Hand sanitizing stations will be available at the exit of the facility with wipes and hand sanitizer. • Hand washing or sanitizing will be done upon entry and exit of the facility. • Limit the items participants bring into the class: they should arrive dressed for their class and only bring what they need in a clear marked bag (e.g. dance shoes, runners, tape, full water bottle or two, hand sanitizer, yoga mat/blanket/towel, socks etc. if required). • Coaching staff will use masks while in the facility when they are unable to keep the necessary physical distancing (e.g. re-tying a shoe, injury). • Dancers/participants can use a mask while entering the facility and take it off when they enter the classroom and are able to maintain physical distancing. Dancers are welcome to wear a mask for the entire class if that is to your liking. If masks are removed, please place them in a separate small ziplock bag and leave with your personal items. The mask can be worn again while using other areas of the facility (e.g. washrooms). |
| Physical Distancing | <p>Everyone inside the facility must always maintain physical distancing of a minimum of 2 meters. This includes coaches and dancers.</p> <ul style="list-style-type: none"> • Dancing mats will be set up to help facilitate physical distancing. • Each dancer will be designated their own area where they keep all their belongings. • Only siblings will share the same mat and will be given priority for larger mats as there are more dancers to a mat. • Pathways will be made visible to get to the washrooms and back to your designated area while still maintaining physical distancing. Coaches will assist younger dancers when needed to get to and from the washroom area. |

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| Scheduling of Activities | <ul style="list-style-type: none"> • Training groups will remain small and consistent until the end of the summer (or until regulations change). • A progressive return to activity has been created. Programming will be done in phases to help everyone adjust to the new protocols and meet physical distancing. • Gradual return to skill levels will be monitored. Dancers will not be allowed to train skills until it is felt by coaches that the dancer is prepared enough physically and mentally and have shown their preparedness. Many dancers have not danced in 3-5months and their safety is our priority. • Training hours will be shortened to allow for spreading out the number of dancers throughout the day. |
| Sickness Protocol and Outbreak Response | <ul style="list-style-type: none"> • Should a staff member start showing symptoms of illness, they must notify their supervisor immediately. Proper protocols will be followed to replace the coach, cancel classes, etc. • If any individual develops symptoms while at the facility, the following actions will be taken: <ul style="list-style-type: none"> ○ The individual will be isolated in a separate room. If a separate room is not available at that time, the individual will be at least two meters away from other individuals. Others should be mindful of hand washing and avoid contact with the individual's respiratory secretions. ○ Notify the emergency contact to come and pick up the individual immediately. ○ All equipment used by the person feeling sick will be immediately removed or barricaded from reach and sanitized. • If a positive test for COVID-19 is linked to the academy, the academy will follow WorkSafe and BC Government requirements and inform public health officials immediately. |
| Injury Protocol | <p>If an injury occurs and physical distancing measures must be broken, all persons attending to the injured individual must first put on a mask.</p> <ul style="list-style-type: none"> • The first aid kit will be well stocked in case of emergency. • Staff will look after the injured participant and follow normal protocols. • After the incident is over the staff member will wash their hands and the area will be sanitized. • Dancers are responsible for bringing their own Band-Aids and blister Band-Aids. |
| Illness Policy | <p>Sionnaine Irish Dance Academy Illness Policy is outlined in Appendix 4.</p> |
| Outbreak Response | <p>SIDA is committed to the following process in the event of a Covid-19 Outbreak: Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An "outbreak" is two or more cases; a "case" is a single case of COVID-19.</p> <ul style="list-style-type: none"> • If a case or outbreak is reported, Michelle Bond -irishdancing@shaw.ca will be the main point of contact for all parties. Michelle Bond has the authority to modify, restrict, postpone, or cancel any or all academy activities. |

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| | <ul style="list-style-type: none"> • If staff (including volunteers) or a participant/dancer reports they are suspected or confirmed to have COVID-19 and have been at the workplace/activity place, Michelle Bond will coordinate enhanced cleaning measures to reduce risk of transmission. Michelle Bond will communicate with the facility operator to notify the facility right away. • Should a staff member start showing symptoms of illness, they must notify their supervisor immediately. Proper protocols will be followed to replace the coach, cancel classes, etc. • The Illness policy (Appendix 4) will be implemented and individuals will be advised to: <ul style="list-style-type: none"> - self-isolate - monitor their symptoms daily, report respiratory illness and not return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, and loss of appetite. - use the BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed. <ul style="list-style-type: none"> <input type="checkbox"/> Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency. <input type="checkbox"/> Individuals can learn more about how to manage their illness http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/if-you-are-sick • In the event of a suspected case or outbreak of influenza-like-illness, the suspected outbreak will be immediately reported and discussed with the Medical Health Officer (or delegate) at the local health authority. The Illness Policy and enhanced measures will be implemented. • If SIDA is contacted by a medical health officer during contact tracing, we will cooperate with the local health authorities. |
| Staff/volunteer Protocols | <p>All staff/volunteers are required to follow SIDA safety requirements and guidelines outlined herein. As well as...</p> <ul style="list-style-type: none"> • Confirm that daily screening checklists have been filled out by all staff/dancers/volunteers entering the facility and that it is safe for them to enter. • Assist in entry and exit of participants/dancers to ensure physical distancing, hand sanitizing etc. is followed. • Assist with cleaning outlined here in during the 15min breaks between classes. To include disinfecting all door knobs, faucets/sinks, paper towel dispensers handles, light switches, toilet flushers etc. • Have access to their own sound system and iPod controls for teaching their groups for the day. These will be sanitized prior to classes commencing. • Be required to bring their own safety mask in the event that physical distancing must be broken e.g. injury, shoe tying etc. |
| Outdoor Strength and Conditioning classes | <p>All participants will be required to bring all of their own supplies. Do not share any of your supplies. Only Public washrooms will be accessible. Physical Distancing must be followed at all times. Covid-19 Daily Screening Checklist will need to be filled out on line before participating.</p> |

Appendix 1

Sionnaine Irish Dance Academy

Covid-19 Daily Screening Checklist-

Also available on-line www.sionnaine-academy.com

Before entering the facility each participant/dancer will need to complete a quick health screening checklist. A parent or guardian will need to complete the form for a participant/dancer who is not of the age of majority. If the participant/dancer has any of the following signs or symptoms, please keep him/her at home. This is to ensure the safety for all participants/dancers at the academy.

Today's Date/Time: _____ Class time: _____

Participants/Dancer Name: _____ Parent/Guardian Name: _____

| Part A | | | | | |
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| 1. | Do you have any symptoms below? Please circle your answer. | | | | |
| | * | Fever (greater than 38.0 degrees) | Yes | No | |
| | * | Coughing related to illness | Yes | No | |
| | * | Sneezing related to illness | Yes | No | |
| | * | Sore Throat and/or painful swallowing | Yes | No | |
| | * | Stuffy and/or Runny Nose related to illness | Yes | No | |
| | * | Fatigue related to illness* | Yes | No | |
| | * | Loss of appetite related to illness | Yes | No | |
| | * | Shortness of breath related to illness | Yes | No | |
| | * | Loss of sense of smell | Yes | No | |
| | * | Headache related to illness | Yes | No | |
| | * | Muscle aches related to illness* | Yes | No | |
| 2. | Have you, or has anyone in your household travelled outside of Canada in the last 14 days? | | | Yes | No |
| 3. | Have you, or has anyone in your household been in contact in the last 14 days with someone who is being investigated or who has a confirmed case of COVID-19? | | | Yes | No |
| 4. | Are you currently being investigated as a suspected case of COVID-19? | | | Yes | No |
| 5. | Have you tested positive for COVID-19 within the last 10 days? | | | Yes | No |
| Part B | | | | | |
| 6. | Do you suffer from seasonal allergies? If you do suffer from seasonal allergies and have checked one or more symptoms you may be required to provide a doctors note stating you have seasonal allergies. | | | Yes | No |

*Note: fatigue and muscle aches may be expected as dancers return to sport. All participants/dancers, parents/guardians of minors and academy personnel must determine the difference between this and symptoms of illness.

Our goal is to minimize the risk of illness to you, your children and family and our staff.

We thank you for your understanding and cooperation.

Participant/Dancer or

Parent/Guardian name: _____ Signature: _____

Emergency Contact #: _____

Staff Name: _____ Signature: _____

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| Office use | |
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Appendix 2:

Sionnaine Irish Dance Academy Covid-19 Acknowledgement of Risk

I, _____, understand and agree to all the following:

- Any individual who answers YES to any of the questions in Part A within the Daily Screening Checklist may be denied access to their class and will be asked to go home. This is for the safety and well-being of all participants. I understand that facilities are required to keep a record of all responses in case government tracing is required.
- Participants must stay home if they or anyone in their household is displaying the following symptoms: fever, coughing, sneezing, sore throat, runny nose, or fatigue.
- The dancer must access the facility at the designated entrance and exits and arrive dressed for the class.
- Activity start and end times are staggered to provide time for cleaning between classes and to allow participants to enter and exit the facility safely.
- Viewing or seating areas will be closed, to reduce the total occupancy of people within the facility.
- Parents should be punctual to drop off and to pick up their child. If the dancer has not been picked up by the designated activity end time, staff will contact the parent/guardian via phone.
- These procedures will change and evolve over time. I will follow any new standards required by the Government of BC and/or by my academy.
- If any procedure, safety protocols and new standards of the academy are not followed by the dancer, parents, or guardians, the dancer can be removed from the activity and will not be allowed to participate any further.

As a dancer and participant:

- I will adhere to the physical distancing standard of 2 meters while at the facility.
- I will wash or sanitize my hands regularly and when asked to by my coach, including every time I enter or leave the facility, and before entering the class.
- I will bring a clear bag marked with my name to the class each day with all required items including a full water bottle (other items for example: yoga mat/blanket/towel, tape etc. if required). I understand that any items that I forget at the class may be disposed of at the end of the day.
- If I do not follow my coach's instructions, safety protocols and new standards, I will be removed from the activity and will not be able to participate any further.
- I will keep my belongings contained to my area.

I, _____, acknowledge, understand, appreciate, and agree that participation may result in possible exposure to and illness from infectious diseases, including, but not limited to COVID19. While rules and personal discipline may reduce this risk, the risk of serious illness and death does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others and assume full responsibility for participation and exposure and release the facility, its employees, officers and directors from any liability related thereto.

Signature of the athlete:

Name of the athlete: _____ (all ages mandatory) _____

Name of Parent/Guardian: _____ Signature of Parent/Guardian: _____

Date: _____ Cell Phone (emergency): _____

Appendix 3: Sionnaine Irish Dance Academy COVID-19 Participant Declaration of Compliance

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| Name of participant: | |
| Parent or Guardian if the participant is under age 19: | |
| Email: | |
| Telephone: | |

Attention: All participants entering the facility must comply with this declaration.

By signing this document, I agree to follow academy staff directives, and engage with all academy requirements in Sionnaine Irish Dance Academy Covid-19 Safety Plan. Additionally, I hereby acknowledge and agree to respect the following information outlined in this document:

1) Sickness

- a) I will stay home if I am unwell, or if someone in my household is unwell, or is displaying the following symptoms:
 - i. Fever and chills ii. Cough iii. Shortness of breath
 - iv. Sore throat and painful swallowing v. Stuffy or runny nose
 - vi. Loss of sense of smell vii. Headache viii. Fatigue, etc.
- b) I confirm that I have not knowingly been in contact with a person that has a confirmed or suspected case of Covid-19.
- c) I agree to complete a routine daily screening process prior to entering my class.
- d) I confirm that I have not travelled outside of Canada in the last 14 days. Additionally, I confirm that I have not been knowingly exposed to someone who has travelled outside of Canada in the last 14 days.
- e) I acknowledge there are inherent risks associated with participating in activities. By attending academy activities, I understand and assume all risks associated with potential exposure of Covid-19.

2) Personal Hygiene

- a. I agree to follow all personal hygiene requirements set out by my academy, including but not limited to: frequent hand-washing and sanitizing, coughing, and sneezing into my sleeve, etc.

3) Physical Distancing

- a) I agree to practice safe physical interactions, by maintaining a minimum distance of two meters between myself and others.

4) Environmental hygiene

- a. I agree to adhere to all academy cleaning requirements.

5) Physical Modifications

- a. I understand that equipment may be moved in order to facilitate safe social interactions and physical distancing.

Additionally, I understand and agree that if I do not adhere to the requirements set out by my academy, I may be asked to leave the academy activity in order to protect the health and safety of all involved.

This Participant Declaration of Compliance will remain in effect until GBC determines it is no longer required based on viaSport, PHO, and WorkSafeBC requirements.

I also confirm that I have signed (Parent or Guardian if participant is under age 19) the Release of liability, waiver of claims, assumption of risks and indemnity agreement.

Signature of the participant: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

Appendix 4 Sionnaine Irish Dance Academy - Covid-19 Illness Policy

In this policy, "Team Member" includes staff, volunteers, participants/dancers, or parent/spectator.

1. Inform an individual in a position of authority (coach, assistant coach) immediately if, you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

2. Assessment

- a. Team members must review and complete the daily screening checklist (Appendix 1) to attest that they are not feeling any of the COVID-19 symptoms.
- b. Coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.
- c. If Team Members are unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the [COVID-19 BC Support App self assessment tool](#).

3. If a Team Member is feeling sick with COVID-19 symptoms

- a. They should remain at home and contact Health Link BC at 8-1-1.
- b. If they feel sick and /or are showing symptoms while at work/dance, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- c. No Team Member may participate in a practice/activity if they are symptomatic.

4. If a Team Member tests positive for COVID-19

- a. The Team Member will not be permitted to return to the workplace/practice/facility until they are free of the COVID-19 virus.
- b. Any Team Members who work/play closely with the infected Team Member will also be removed from the workplace/practice/facility for at least 14 days to ensure the infection does not spread further.
- c. Close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially be infected/touched.

5. If a Team Member has been tested and is waiting for the results of a COVID-19 Test

- a. As with the confirmed case, the Team Member must be removed from the workplace/practice/facility.
- b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
- c. Other Team Members who may have been exposed will be informed and removed from the workplace/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- d. The workspace/practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

6. If a Team Member has come in to contact with someone who is confirmed to have COVID-19:

- a. Team Members must advise their employer/coach if they reasonably believe they have been exposed to COVID-19.
- b. Once the contact is confirmed, the Team Member will be removed from the workplace/practice/activity for at least 14 days or as otherwise directed by public health authorities. Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.
- c. The workspace/activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

<https://bc.thrive.health/covid19/en><https://bc.thrive.health/covid19/en>

7. Quarantine or Self-Isolate if:

- a. Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
- b. Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- c. Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- d. Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.